Manlius Veterinary Hospital

8160 Cazenovia Road, Manlius, NY, 13104-8712 (315) 682-2200

Sarabi did great for her spay today and will need special care to make sure she has a full and uneventful recovery.

<u>Anesthesia</u>: Due to anesthesia, you may notice that Sarabi is a little groggy for the next 12-24 hours. Please make sure she is kept somewhere that she won't fall or hurt herself until the anesthesia is fully out of her system. She had a tube placed in her trachea for anesthesia, also. You may notice a slight cough for the next few days.

<u>Diet</u>: Only feed Sarabi about half of her normal diet tonight. If she eats it and does not vomit within an hour you can give the other half. Please also limit water initially. Vomiting after eating or drinking too much is not uncommon after being fasted or after anesthesia. You may need to cut back or adjust the amount of food you give because her metabolism may decrease without the influence of hormones (it will take about 6 weeks for the estrogen to get out of her system) and we don't want her becoming overweight. You may resume her normal feeding tomorrow morning.

<u>Activity</u>: Please keep Sarabi calm for the next 10-14 days while her incision is healing. This includes no running, jumping, and minimizing stairs (controlled leash walking up and down stairs). Please leash walk her when she goes out for bathroom breaks. A medication called Trazodone can be used to help keep Sarabi calm during her recovery. Do not give her a bath or allow her to go swimming during this time. If Sarabi is an outdoor pet, she will need to be kept inside the night after her surgery and ideally during her recovery (at least 5-7 days minimum).

<u>Incision Care</u>: All of Sarabi's stitches are absorbable and do not need to be removed. Some redness and swelling can be normal after surgery and with healing. Monitor the incision daily for pain, redness, swelling, discharge (blood or pus), and opening of the incision. A small amount of clear fluid may ooze from the incision and is considered normal. Please keep Sarabi from licking, chewing, rubbing or pulling at the incision. She should wear an e-collar at all times. If you are with her, you can place a t-shirt (tie it up at the back) to help cover the incision to keep her or a housemate from licking the surgical site.

<u>Sterilization Incision</u>: As part of responsible veterinary care, a small green tattoo is placed near the surgical incision site during spay or neuter surgery. This universally recognized mark ensures that Sarabi's is not subjected to unnecessary surgery in the future, especially if they end up in shelters or change owners. It's a simple, painless way to protect your pet and support lifelong health and safety. There is no aftercare needed.

<u>Medication</u>: The next dose of Sarabi's pain medication (Deramaxx or Metacam) can be found on the prescription label. She may be sent with a medication to help keep her calm during her recovery. If so you can start her sedative (Trazodone) tonight if needed.

<u>Microchip</u>: If Sarabi was given a microchip, we will register her for you. Next year you will be responsible for updating the contact and billing information to keep the membership active.

Thank you for allowing us to provide Sarabi with the best care possible. We wish her a quick and easy recovery. If you have any quesitons or concerns, please do not hesitate to call us at 682-200. For after hour care, please call the Veterinary Medical Center at 446-7933.